

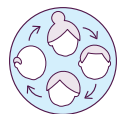
Perspectives on Ageing in British Columbia (BC)

Insights from the 2025 Ageing in Canada Survey

NOTE: All results reflect the experiences of those aged 50+.



Social Wellbeing



Social Network Strength

Among older adults in BC:

39% are at risk of social isolation (vs. 43% nationally)

- **60%** experience loneliness (vs. 57% nationally)
- **35%** have weak social networks (vs. 36% nationally).

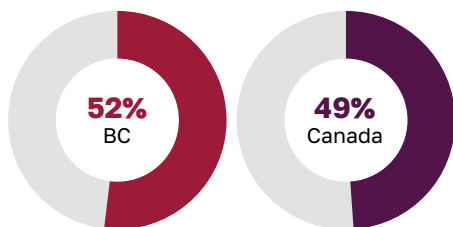


Social Engagement

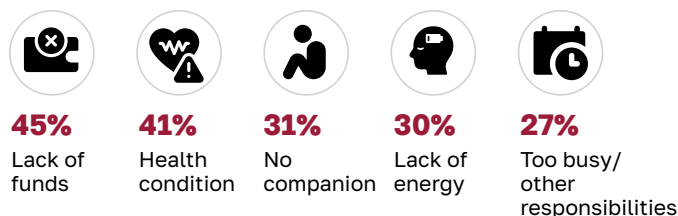


37% participate in social activities at least once a week (vs. 33% nationally)

Participation in social activities as often as they want



What's holding older adults back? Barriers to social engagement in BC

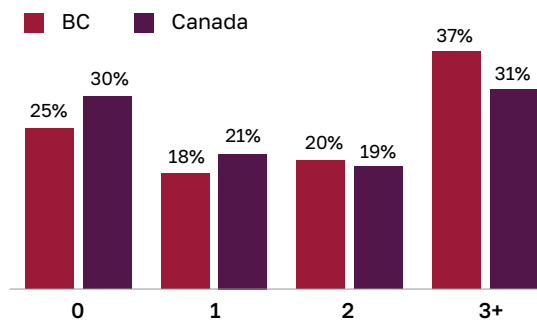


Experienced Ageism



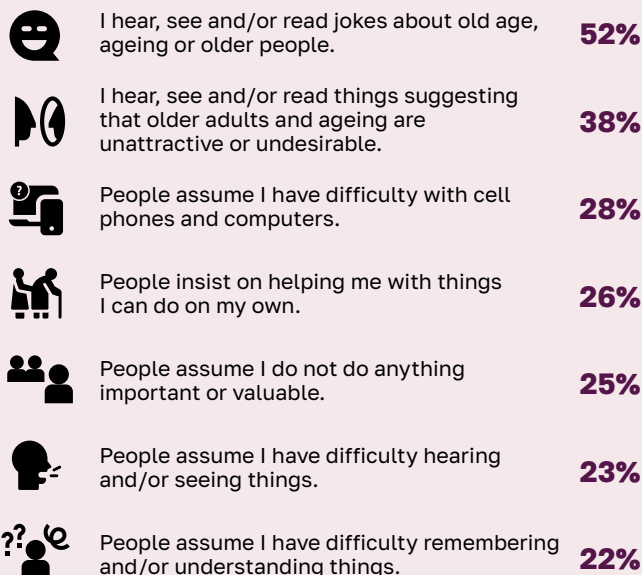
75% of older adults in BC report experiencing at least one form of everyday ageism (vs. 70% nationally)

Older adults who experience 0, 1, 2, or 3+ forms of everyday ageism



How older adults in British Columbia experience ageism in their day-to-day lives

Percentage who report often or sometimes to each form of ageism



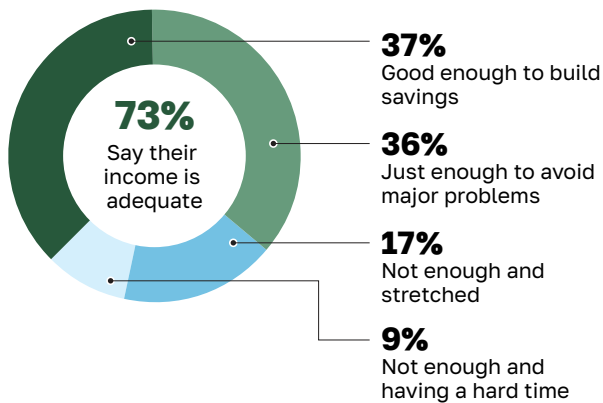
Financial Security

Income Adequacy



25% of older adults in BC report an inadequate income (vs. 22% nationally)

Income adequacy among older adults in BC

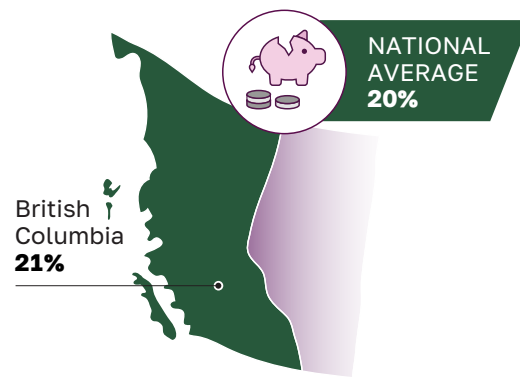


Material Deprivation



21% of older adults in BC are experiencing material deprivation (vs. 20% nationally)

Older adults with poverty-level standard of living



Retirement Readiness

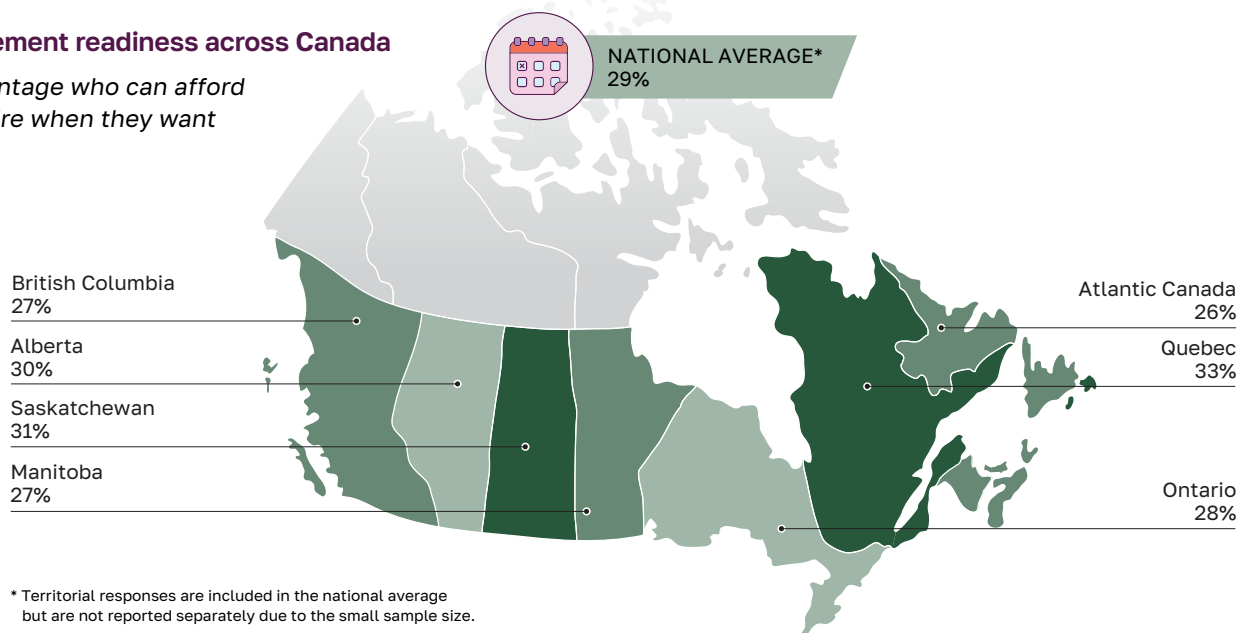


22% of older adults in BC have saved \$5,000 or less for retirement (on par with national average).

- Only **27%** of older adults in BC who are still working say they can afford to retire when they want (vs. 29% nationally).

Retirement readiness across Canada

Percentage who can afford to retire when they want



* Territorial responses are included in the national average but are not reported separately due to the small sample size.

Health & Independence

Access to Health Care

Among older adults in BC:

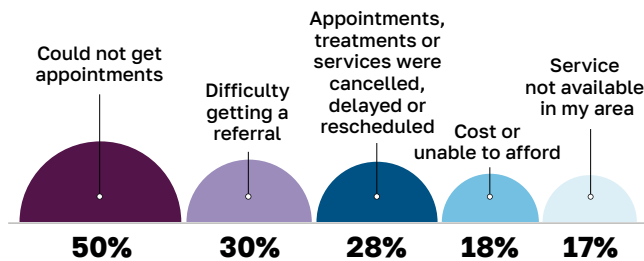


66% have a primary care provider who they see on an ongoing basis (vs. 68% nationally)

- **69%** can access the health care they need all or most of the time (vs. 70% nationally)

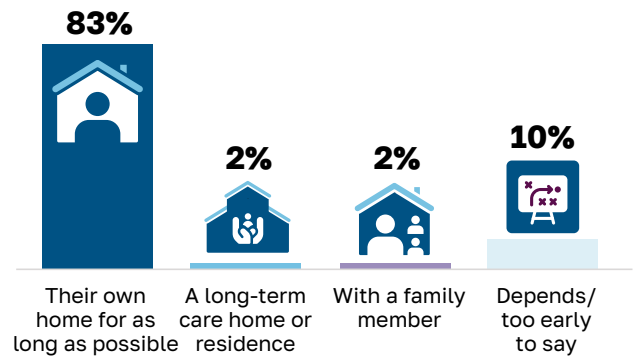
Top 5 barriers to health care access in BC

Experienced by those who struggled to get the care they needed



Ageing in the Right Place

Where older adults in BC want to live as they age



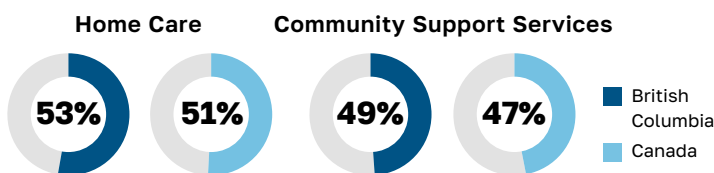
Among older adults in BC:

- **47%** feel their home is fully suitable for their needs as they age (vs. 49% nationally)
- **62%** have not taken any steps to prepare their current home for ageing in place (on par with national average)

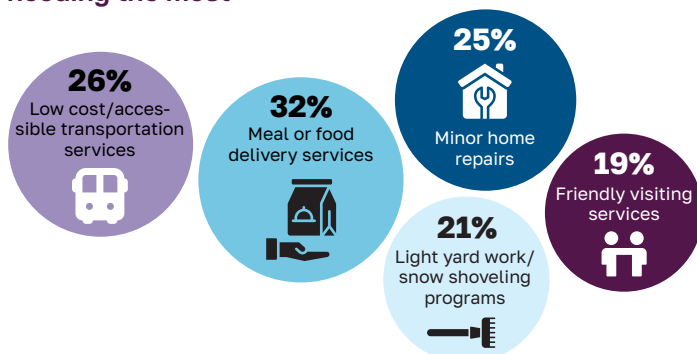
Access to Home and Community-based Care



Those who could access care when they needed it, among older adults in BC:

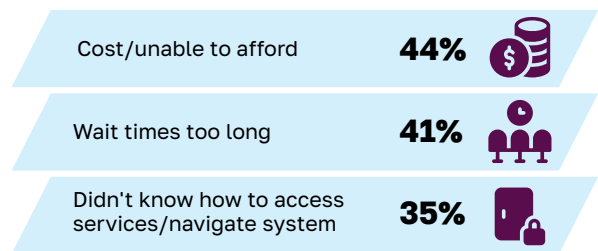


Community support services older adults in BC report needing the most

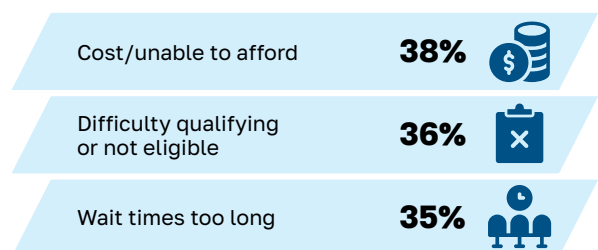


Top barriers to care in BC

Home Care Services



Community Support Services

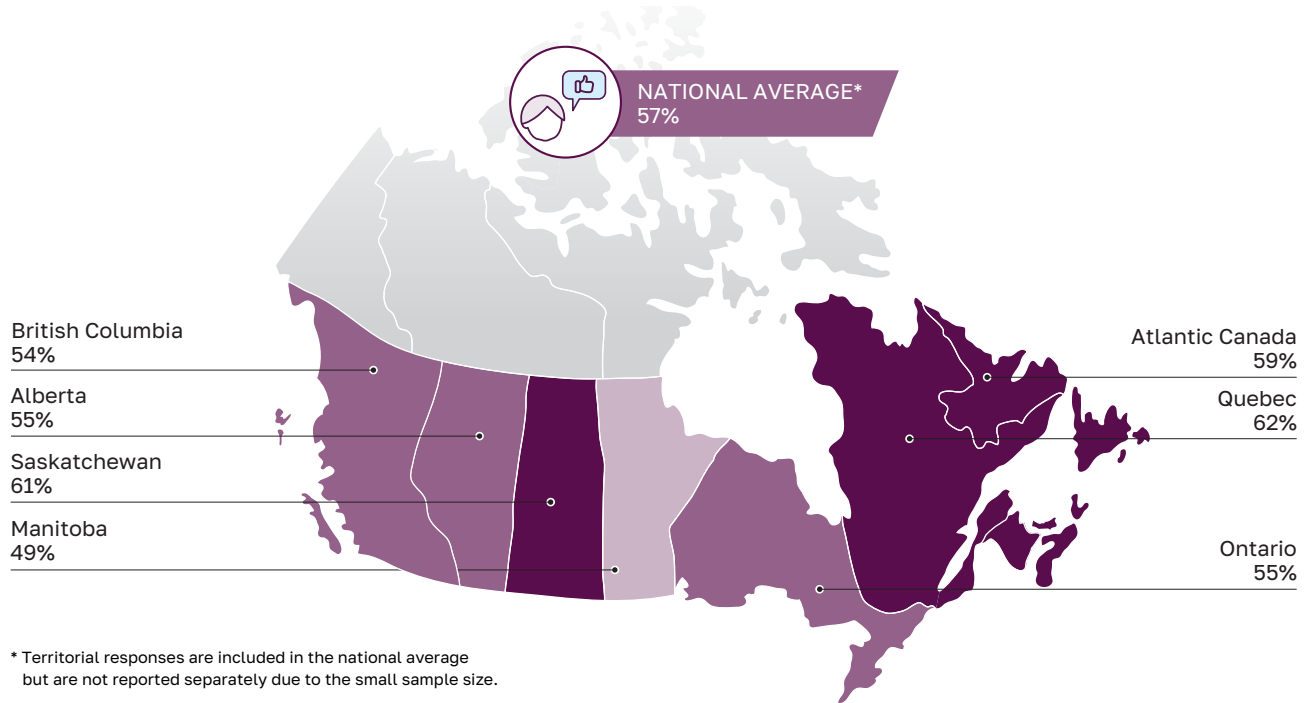


Perspectives on Ageing



54% of older adults in BC felt positively about ageing (vs. national average of 57%)

Positive feelings about ageing among older adults



To learn more about the NIA, visit our website at www.NIAgeing.ca and follow us on **X**, **LinkedIn**, and **Facebook**.



Scan here to download the full *2025 Ageing in Canada Survey Report*

The 2025 Ageing in Canada Survey was generously supported by Manulife and Waltons Trust

